

Physical Education

INTENT

At Whitnash Primary we aim to provide a PE curriculum that pupils from Reception to Year 6 not only enjoy but also allows them to experience a range of activities that help them to develop their health, fitness and wellbeing. We intend to offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. We aim to provide opportunities for pupils to become physically confident in a way which supports their health and fitness. We aim to provide opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

IMPLEMENTATION

Our in-school curriculum teaches core skills and builds on these, allowing children to apply their knowledge in competitive sport both in and out of school and evaluate their performance, including termly Fitness Assessments.

We provide many opportunities over the course of an extended school day for pupils to be physical in a way which supports their health and fitness and helps to embed values such as fairness and respect.

Currently the school is supported in the development of our Sports Curriculum through a company called 'Premier Education'. Through the targeted use of Sports Premium funding our aim is to improve sport provision, children's interest and engagement in physical activity and staff confidence with delivering high quality lessons to our pupils. Through a bespoke programme Premier Education is supporting Whitnash with these key objectives. Whitnash also uses material from 'Get Set 4 PE' to support the teachers' delivery of lessons. It is hoped that through this high-quality support, these improvements will be sustainable for the future.

In Year 6, pupils travel to North Wales for a week long Outdoor Education Residential. Participating in activities such as orienteering, rock climbing, kayaking and team challenges.

Pupils in lower KS2 participate in weekly swimming lessons, taught by experienced swimming teachers at a local pool, during which we aim to ensure that all pupils can swim 10m unaided.

The school is also committed to curriculum enrichment through involving external PE providers e.g. Martial Arts, Leamington FC, Warwickshire CCC and other local sports clubs

The school curriculum is further enhanced by participation in sporting tournaments with other schools in the area and after school clubs. Whitnash are active participants in the 'School Games' competitions.

The school offers an enriched extra-curricular provision which includes a range of sports including: gymnastics, athletics, dance, football, TAG rugby, cricket, rounders, hockey, tennis, dodgeball, netball and basketball.

Whitnash Primary School has extensive grounds within which to provide the PE curriculum. The school has field space for three full size football pitches, a full size 400m running track, rounders diamonds and multiple smaller pitches suitable for small side games. The school boasts three playgrounds with games walls, basketball and netball courts, timer trails and playground games. The school hall is used for gymnastics and dance lessons.

IMPACT

By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study.

We use summative assessment to determine children's understanding and inform teachers planning.

Final end of year assessments are made using assessment criteria that has been developed in line with the national curriculum, Get Set 4 PE and Target Tracker. Thus identifying the level in which the child is working.